My Revision Deck

Endocrine Systems Worksheet

2026 – 2027

Grade: 8 **Subject:** Biology

Time: 15 minutes **Maximum Marks:** 15

Section A

1. **Fill in the blank**

   The pituitary hormone that stimulates the breasts to produce milk after child birth is _____. [1]

2. **Write whether the statement is true or false; if false, rewrite it correctly by changing the underlined word**

   The adrenal glands are like caps placed over the kidneys. [1]

3. **Name the following**

   The collective name for the male sex hormones produced by the testes. [1]

4. (i) Define the term 'Stress'. [1]

   (ii) Define the term 'Islets of Langerhans'. [1]

5. Mention any two lifestyle practices necessary for maintaining good health during adolescence. [1]

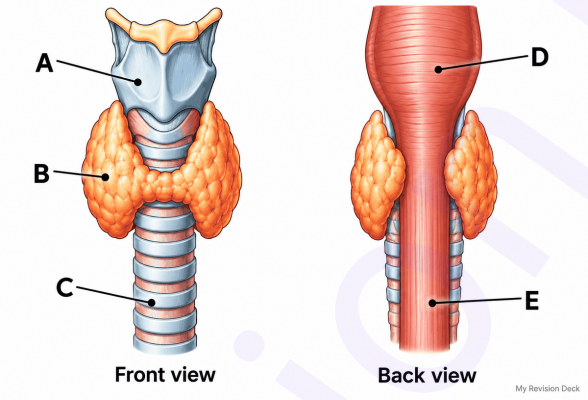
6. (i) State any four cleanliness practices recommended for personal hygiene during adolescence. [2]

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(ii) Mention any four psychological changes that adolescents go through during this period. [2]

Section B

7. Label the structures shown in the front and back views in the diagram.



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(i) Label A [1]

(ii) Label B [1]

(iii) Label C [1]

(iv) Label D [1]

(v) Label E [1]

********** End of worksheet **********

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